

正面打ち小手返し 氣の流れ



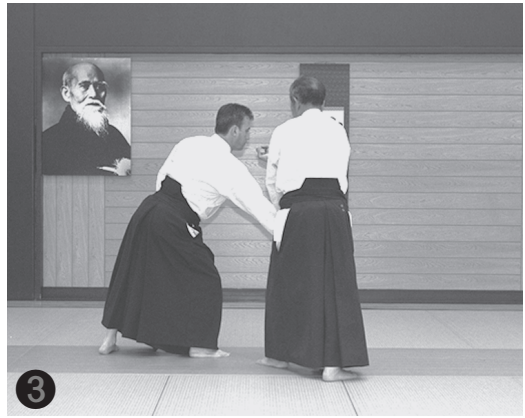
握り方……無名指ト小指ト
 ヲ以テ手頸ヲ握リ母指ニテ
 無名指ノ附ケ根ヲ制ス
 敵ノ手足ヲ活動セシメザル
 コト肝要ナリ



- ① 相半身で相對する。
- ② 相手が右足を踏み込んで右手刀で正面を打ってきた場合、相手の右手を振りかぶる動きに合わせて左手を上げる。
- ③ 相手の右手刀が振りおろされるのに合わせて、左足を軸にして右足を開き、相手の側面に回り込む。同時に左手刀で相手の右手刀を切り落とししながら左手で相手の右手を掴み、右手で相手の顔面に当て身を入れる。この時、親指で相手の薬指の付け根を、薬指と小指で相手の手首の関節を握る。
- ④ 右手を添えて左足を後方に引き、相手を倒す。

- ① Face your partner in ai hanmi.
- ② When your partner steps forward with his right foot while bringing his right hand over his head in order to execute a shomenuchi strike, blend with his movement and raise your left hand.
- ③ Cut his right tegatana down with your left hand while blending with his downward strike and, at the same time, pivot on your left foot bringing your right foot to the rear and turning your hips to your partner's side. Grab your partner's right hand with your left hand and

Shomenuchi kotegaeshi ki no nagare



execute an atemi to his face with your right hand. The Founder said in this regard, **Place your thumb at the base of your partner's ring finger, and your little finger and ring finger on his wrist.**

④ Place your right hand on the back of your partner's right hand. Take a large step to the rear with your left foot and throw him by turning his right wrist outward with both your hands.



正面打ち小手返し 気の流れ



開祖の晩年の固めの形（座った場合）
Seated pin as performed
by the Founder in his later years



開祖の晩年の固めの形（立った場合）
Standing pin as performed
by the Founder in his later years

⑤⑥ 右手で相手の右手首を下から掴み、押さえ込む。

⑤⑥ Grab his right wrist from below with your right hand and pin him.

ポイント

写真②の合わせが大切である。この合わせができないとはいれない。

開祖の晩年には最後の固めの形は変わった。

COMMENTARY

In the movement shown in photo ②, it is important to blend with your partner's movement. Otherwise, you will not be able to execute this technique successfully.

The Founder changed the pinning position in his later years.

Shomenuchi kotegaeshi ki no nagare



東京での講習会にて 1992年 受け：斉藤仁弘師範
Author at Tokyo seminar with Hitohiro Saito Shihan, c. 1992